Date:_____

Top 3 Goals:

1. _____
2. _____
3. _____

GRATITUDE:

Today, I am grateful for _____

_____

PURPOSE:

I must do my best today because _____

_____

Top 3 Priorities:

1. _____
2. _____
3. _____

Secondary Priorities:

1. _____
2. _____
3. _____

Daily Non-Negotiables

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

5am_____

6am_____

7am_____

8am_____

9am_____

10am_____

11am_____

12pm_____

1pm_____

2pm_____

3pm_____

4pm_____

5pm_____

6pm_____